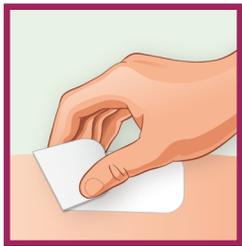


FIVE TIPS FOR REMOVAL & HEALING



USE PRODUCTS TO HELP IT UNSTICK

There are a variety of products that can help peel tape from the skin. The simplest solutions may already be in your house—baby oil or olive oil! Wet a paper towel with oil and rub the oil under the corner of the tape. Slowly peel and continue to wipe oil under the tape until the entire sensor is removed.



LOW AND SLOW

To minimize the chance of tearing skin, try removing tape by gently folding back on itself (low) and pulling very slowly (slow). This is the “low and slow” technique.



CREAMS & LOTIONS

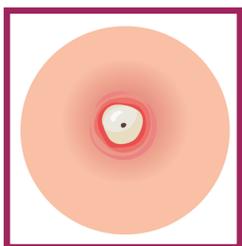
Once the sensor is off the skin, you can condition the area as needed.

- For dryness, use lotion
- For redness, itching, or irritation, use hydrocortisone cream (as directed on tube)
- For skin tears or pain, try an antibiotic cream (as directed on the tube)



LEAVE IT ALONE

Make sure to leave the skin to heal for about 1 week before placing another sensor in the area. Do not cover with tape for at least a week.



GETTING WORSE

If there is pain, puss, warmth, or spreading redness that persists for 1-2 days after the sensor/set is removed, call your doctor to let them know you may have a site infection. They may prescribe you a stronger antibiotic to treat the infection.